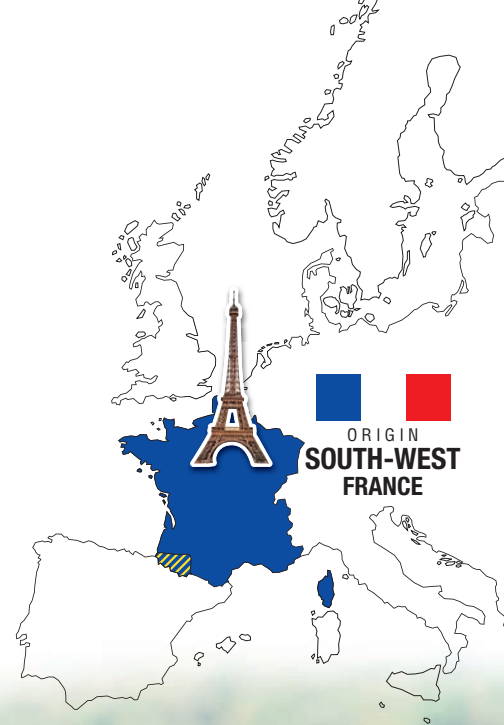




# Bayonne Ham

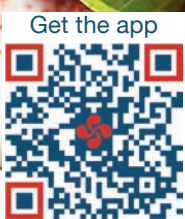
## A gauge for a balanced diet



Bayonne Ham stands out thanks to its richness in **B-vitamins**, and particularly **vitamin B1**.

The protein in Bayonne Ham is of exceptionally high quality. It contains all of the essential amino acids recommended for a strong, healthy body.

Its high percentage of oleic acid (between 45% and 49%), gives Bayonne Ham the **same nutritional value as olive oil**. The “healthy fat” in Bayonne Ham is **the secret to longevity!**



INDICATION GÉOGRAPHIQUE PROTÉGÉE

*Jambon de Grande Origine*